



Discover Western Quebec!

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ABITIBI-TÉMISCAMINGUE
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EXPLORING
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QUEBEC

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A DIFFERENT
QUEBEC!

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ITINERARY
THAT CAN BE
ADAPTED

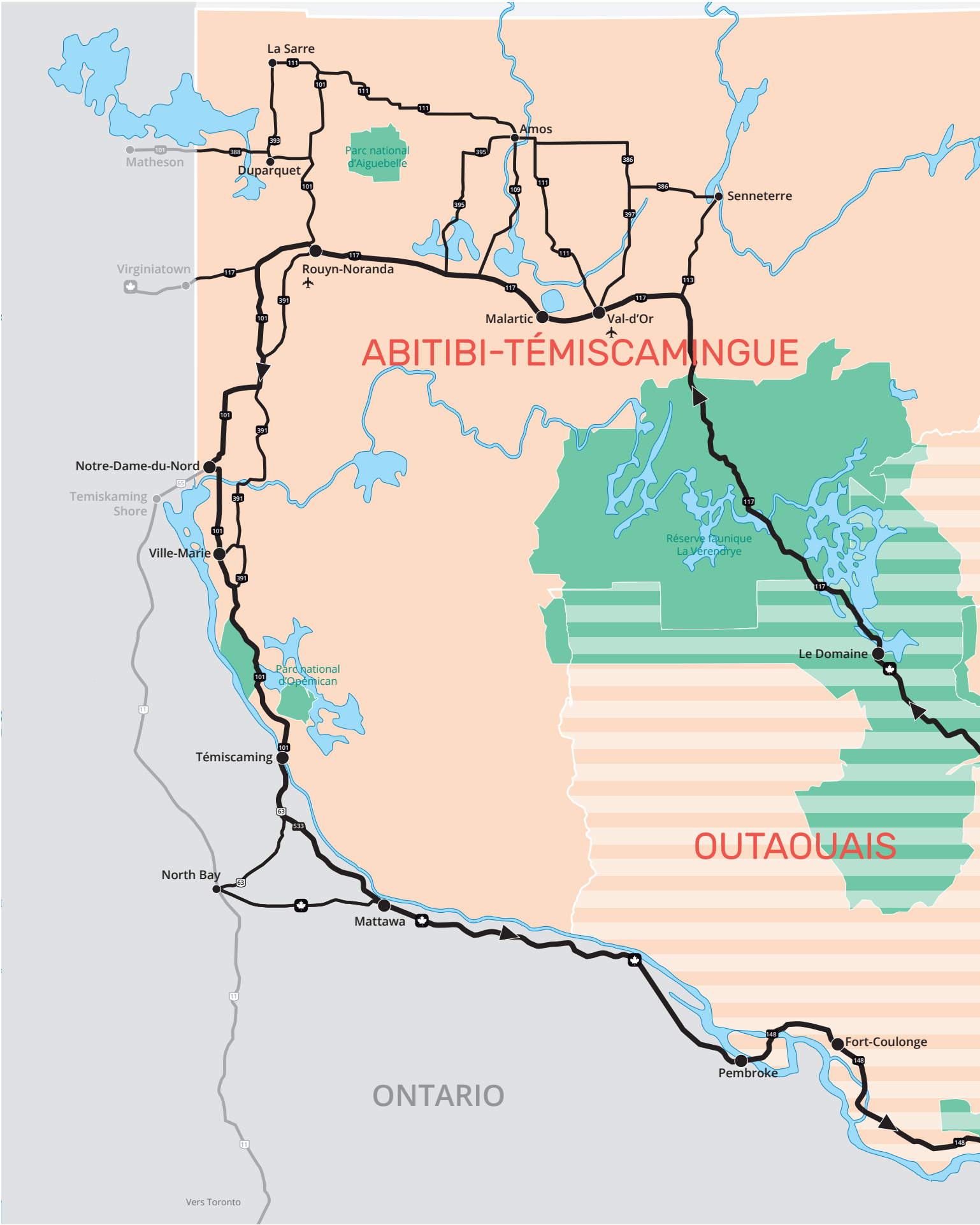
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CONTACTS

2022-2023 EDITION

The Explorers'
Rôute







DISCOVER A DIFFERENT QUEBEC!

*Be part
of the adventure!*

Leave the beaten path and explore the western part of La Belle Province, a hidden gem surrounded by mystery. More and more, this territory is attracting the curiosity of travellers. From Montreal to the Laurentians, passing through Abitibi-Témiscamingue and the Outaouais region, explore this vast territory. Relive the encounter with the First Peoples, and learn about the experiences of the colonists. Join in the modern-day celebrations with their bon vivants, traditional local food, beer, music, and festivals. The Explorers' Route can be experienced in a myriad of ways. The following three themes will inspire you.

Forests, Lakes, and Rivers

Ziplines, via ferratas, mountain biking, hiking, horseback riding, rafting, kayaking—from the plains of the St. Lawrence to the vastness of the boreal forest, the Explorers' Route invites you to enjoy one-of-a-kind experience in nature! Discover the wildlife, cross a suspension bridge that is over 60 metres long, set out on a kayak or rabaska canoe expedition, and admire the breathtaking vistas from the heights of the Laurentians Mountains. The beauty of nature is everywhere, whether you go to the city, the countryside, or the wilderness! Wake up your inner explorer and embark on an adventure. Immerse yourself in the contagious joie de vivre and festive spirit of our towns and villages.



Le P'tit Train du Nord



La Cité de l'Or Gold Mine



Manoir Papineau National Historic Site



The Laurentian road tells its own tale



Fort Témiscamingue National Historic Site / Obadjiwan



Canadian Museum of History

In the footsteps of the Coureurs des Bois

Follow in the footsteps of past and modern-day explorers. Discover how Quebec and Canada developed. Be moved by the astonishing history of the First Nations, the coureurs des bois and French Canadians you will learn about at the museums, historical and heritage sites. Aboriginal culture, the fur trade, log drives, the railroad, an old gold mine, and sugar shacks are just some of the attractions that will give you a better understanding of these regions that today have a rich and authentic culture—one that is singularly eccentric! Discover the culture of Abitibi-Témiscamingue through its festivals and the warm welcome you will receive from the people of Western Quebec!



Microbrasserie Le Prospecteur



Les Fougères



Vignoble Rivière du Chêne



Miellerie de la Grande Ourse Honey Farm



Les Brasseurs du Temps



Chez Borivage, Le Grand Lodge Mont-Tremblant

Gastronomy Route

Explore the flavours of a little-known part of Quebec! A host of gourmet discoveries await you along the agro-tourism route. All your senses will be tantalized by the Montreal smoked meat, maple syrup from the Laurentians, artisanal beers from the Outaouais region, and fine cheeses from Abitibi-Témiscamingue. Western Quebec will reveal itself through a variety of unique culinary experiences that showcase the know-how of local artisans. You will have an unforgettable trip that harmoniously blends the beauty of nature with history, culture, and pleasure for your tastebuds!

AN ITINERARY THAT CAN BE ADAPTED

J1 - MONTRÉAL

Arrival in Montreal
Afternoon of discoveries and overnight stay in Montreal.

J2 - MONTRÉAL & THE LAURENTIANS

MORNING

Departure for the Lower Laurentians or the Rouge Valley, just a few kilometres north of Montréal.

Discovery of rural landscapes and the attractions of the Chemin du Terroir tourist route: ciders and ice wines, late harvests, maple port-style wine, maple products, and other agrotourism products.

Discover visit options at: cheminduterroir.com

LUNCH

Tour and gourmet lunch at Richard Legault Orchard or at Labonté de la Pomme, Orchard and Apiary, or at Au Gré des Saisons sugar shack in Oka or at la P'tite Cabane d'la Côte in Mirabel.

AFTERNOON

Nature activities at Parc national d'Oka, hiking, particularly the Calvaire d'Oka. Guided tour of the Abbaye d'Oka with a stop at the Abbaye's General Store. Panoramic helicopter ride over the terroir with Hélibellule in Mirabel.

Or Embark on a rafting trip down the Rivière Rouge with New World Rafting.

EVENING

Discovery of the village of your choice from Saint-Sauveur to Val-David (churches, stores, and heritage route).

Overnight stay in a holiday resort in the Saint-Sauveur Valley, Saint-Hippolyte, Sainte-Adèle, Sainte-Agathe-des-Monts, Val-David, or the Rouge Valley in Grenville-sur-la-Rouge.

J3 - THE LAURENTIANS

MORNING

Discovery of the Route des Belles-Histoires and its villages
Choice of activity:

- > Tour of the Laurentian Ski Museum. Follow in the footsteps of Jack Rabbit, from Piedmont station to Mont-Tremblant station, via Sainte-Adèle or Val-David station.
- > Jeep tour, ATV, nautical activities, canicross or trapping interpretation with Carl le Trappeur at Aventures Plein Air St-Hippolyte.
- > Enjoy the biggest mountain water park, wave pools, rafting, and water slides at Sommet Saint-Sauveur.
- > Descend the river in a canoe or kayak, 4-km return by bike via Le P'tit Train du Nord, a 234-km long cycle path with À l'Abordage in Val-David.
- > Introduction to via ferrata and mega-ziplines at Tyroparc, mountain activity park.

AFTERNOON

Choice of activity:

- > Guided e-fatbike (electric bike) or mountain bike outing with D-Tour in Mont-Tremblant.
- > Cycle at your leisure and discover Le P'tit Train du Nord, departing from Val-David or Rivière-Rouge toward Mont-Tremblant with shuttle service and hybrid e-bike rentals with D-Tour.
- > Hand fishing, wood bison interpretation, tree-to-tree zipline at Kanatha-Aki Nature Centre.
- > Panoramic helicopter ride over the Mont-Tremblant sector with Héli-Tremblant.

Lunch stop at Restaurant Baril Roulant for a "gastronomic poutine" and beer tasting.

Discover the picturesque village of Mont-Tremblant, its station, its art gallery and the multimedia show Tonga Lumina at Tremblant Resort.

Relaxation and well-being at ScandinaVe Spa Mont-Tremblant. Tonga Lumina multimedia show at Tremblant Resort.

EVENING

Overnight resort or cottage stay in Val-David or Mont-Tremblant, at Parc national du Mont-Tremblant, or in Amherst.

J4 - THE LAURENTIANS

MORNING

Choice of activity:

- > Guided hike at Parc national du Mont-Tremblant, Domaine Saint-Bernard, or Montagne Verte with D-Tour.
- > Gondola ride and hike to the top of Mont Tremblant, the region's highest peak at 875 metres.
- > Ecotouristic zipline activity with Ziptrek Ecotours Tremblant.
- > At Parc national du Mont-Tremblant (La Diable sector), descend the Diable river.
- > Cruise on Lac Tremblant aboard the Grand Manitou II.
- > Play a round of golf at Le Diable.

AFTERNOON

Departure for the Upper Laurentians via the Route des Belles-Histoires, from Mont-Tremblant to Mont-Laurier. Discovery of our cultural heritage and attractions such as covered bridges, small train stations, and much more.

Choice of activity:

- > Panoramic seaplane flight over the Parc régional Kiamika with Air Mont-Laurier.
 - > Panoramic helicopter ride over Mont-Tremblant with Héli-Tremblant.
 - > Guided outings by ATV, side-by-side, and more, with Outdoor Logistik.
 - > Day of activities at Aventures Kiamika, nature base north of the Kiamika reservoir.
- Choice of activity :
- > Canoe, rabaska or kayak trip at Parc régional Kiamika.
 - > Hiking.

EVENING

Choice of activity:

- > Overnight stay camping, in cabins, or in ready-to-camp lodging at Ecolodge Kiamika.
- > Overnight stay options in nature resorts in outfitters, regional parks, or country resorts in the Upper Laurentians.

J5 - THE LAURENTIANS ABITIBI-TÉMISCAMINGUE

MORNING

Choice of activity:

- > Mountain biking, hiking, canoeing, kayaking, or stand-up paddle boarding at Parc régional Montagne du Diable.
- > Discover the magnificent Windigo Falls.
- > Discovery of the Baskatong Reservoir, water activities, fishing, sandy beaches, swimming and kayaking.
- > Guided ATV or side-by-side tour with Mekoos Outfitter, Club Fontbrune Outfitter, Rabaska Lodge or 100 Lacs Sud Outfitter.

LUNCH

Choice of activity:

- > Picnic lunch at the park welcome centre.
- > Lunch at Microbrasserie du Lièvre.
- > At Rabaska Lodge or Club Fontbrune Outfitter
- > At Miels d'Anicet for a tour of the apiary and a meal

AFTERNOON

Depart for Abitibi-Témiscamingue, toward Val-d'Or. Drive across the magnificent réserve faunique La Vérendrye; a stop at the Lac Roland Falls.

Arrival to Val-d'Or.

Sampling of fine chocolate at Choco Mango in Val-d'Or. Happy hours at Microbrasserie le Prospecteur.

EVENING

Dinner in a restaurant in Val-d'Or.

Choice of accommodation:

- > Overnight stay in a hotel in Val-d'Or.
- > Overnight stay in a shelter in the trees with Entre Lemoine et l'arbre in Val-d'Or.

J6 - ABITIBI-TÉMISCAMINGUE

MORNING

Choice of activity:

- > Visit to Cité de l'Or in Val-d'Or.
- > Visit the Musée Minéralogique de l'Abitibi-Témiscamingue.
- > Outdoor activities (biking, hiking, rollerskating,...) in the « Forêt récréative » in Val-d'Or.

LUNCH

Choice of location:

- > Lunch in Val-d'Or.
- > Picnic with regional specialties at Miellerie de la Grande Ourse in Saint-Marc-de-Figuery.

AFTERNOON

Choice of activity:

- > Bee safari at Miellerie de la Grande Ourse in Saint-Marc-de-Figuery.
- > Wildlife observation at Refuge Pageau in Amos.
- > Visit to Sainte-Thérèse-d'Avila Cathedral in Amos.
- > Circuits de fontaines artistiques in Amos-Harricana.
- > Visit to the workshop of « Fournure Grenier » in Barraute and learn how to work with fur.

EVENING

Choice of location:

- > Amos: dinner and overnight stay in Amos.
- > Parc national d'Aiguebelle: meal and overnight stay in a cottage or ready-to-camp site.
- > Rouyn-Noranda: beer tasting at Microbrasserie Le Trèfle Noir; stroll along Osisko Lake; dinner at a restaurant; and overnight stay in a hotel.

... both in duration and content,
according to your customers.

J7 - ABITIBI-TÉMISCAMINGUE

MORNING
Choice of activity:
> Hike at parc national d'Aiguebelle.
> Visit to Magasin Général Dumulon in Rouyn-Noranda. Visit to St. George Russian Orthodox Church.
> Bike around Osisko Lake (free); or kayak, canoe or pedal boat excursion on Osisko Lake with Vélocité in Rouyn-Noranda.
> Visit to École du Rang II in Authier, a former schoolhouse.

LUNCH
Choice of location:
> Picnic at parc national d'Aiguebelle.
> Lunch in Rouyn-Noranda.

AFTERNOON
Choice of activity:
> Zipline adventure at Parc- Adventure Joannès in Rouyn-Noranda.
> Hiking/canoeing at parc national d'Aiguebelle.
> Discovery of yesteryears log-driving operations at T.E. Draper in Angliers.
> Fossil safari and visit to Fossilarium (museum) in Notre-Dame-du-Nord.

EVENING
Visit and dinner in L'Eden Rouge Table Champêtre in Saint-Bruno-de-Guigues. Stroll along Lake Témiscamingue and Ville-Marie Marina.

Overnight stay in a cottage at La Bannik in Ville-Marie/Duhamel-Ouest.
Or
Parc National d'Opémican, dinner and overnight stay in a ready-to-camp Étoile.

J8 - ABITIBI-TÉMISCAMINGUE OUTAOUAIS

MORNING
Choice of activity:
> Visit to Fort Témiscamingue/Obadjiwan National Historic Site in Ville-Marie/Duhamel-Ouest.
> Visit to Maison du Frère Moffet.
> Hiking and nautical activities in parc national d'Opémican.
> Visit to Musée de la gare in Témiscaming.

LUNCH
Choice of location:
> Lunch in Ville-Marie or Témiscaming.
> Picnic somewhere along the road heading to Ontario, before entering the Outaouais region.

AFTERNOON
Depart for the Outaouais region via Ontario (north of Algonquin Park).

On the way to Gatineau, stop in Fort-Coulonge.

Choice of activity in Fort-Coulonge:
> A historical, cultural and sport experience at parc des Chutes Coulonge.
> Guided tour of George Bryson House to discover a true historical and architectural gem.

EVENING
Continuation to Gatineau. Dinner in a restaurant of Vieux-Hull (Gatineau).

Evening excursion on the Ottawa Parliament Hill: Sound & Light show projected on Parliament buildings.

Overnight stay in a hotel in Gatineau.

J9 - OUTAOUAIS

MORNING
Choice of activity:
> Visit to the Canadian Museum of History.
> Boat cruise on Ottawa River.
> Visit to the National Gallery of Canada.
> Bike excursion on the cycle route network of the Nation's Capital.
> Discover Indigenous culture and history at Expériences Autochtones through their presentations by ambassadors and of traditional First Nations songs, stories, and dance.

LUNCH
Choice of location:
> Lunch in Gatineau (Old Hull historic district).
> Lunch in the historic ByWard Market area.

AFTERNOON
Choice of activity:
> Visit to the Canadian Museum of Nature.
> Visit to the Canadian War Museum.
> Discovery of parc de la Gatineau.
> Visit to the Farmer's Rapids Generating Station.

EVENING
Dinner in the charming and picturesque village of Chelsea (a 10-minute drive from downtown Gatineau/Ottawa).

Relaxation at Nordik Spa-Nature in Chelsea.

Choose from:
> Overnight stay in Chelsea at the Lofts du Village
> Overnight stay at the Wakefield Mill
> Overnight stay at a bed & breakfast in Wakefield

J10 - OUTAOUAIS

MORNING
Choice of activity:
> Eco-Odyssée (discovery of the beaver natural habitat across a water maze) in Wakefield.
> Ziplining in Camp Fortune, parc de la Gatineau.
> Discovery of Caverne Lafèche in Val-des-Monts, the largest visited cave in the Canadian Shield.
> Giant peak-to-peak ziplines or Mountain Coaster at Camp Fortune.

LUNCH
Lunch in Gatineau.

AFTERNOON
Depart for Montebello.

Choice of activity in Plaisance:
> Discovery of Plaisance Falls.
> Discovery of parc national de Plaisance.

Choice of activity in Montebello:
> Discovery of Montebello's built heritage in an electric all-terrain vehicle (geobike) at Explora Géo-Rallye.
> Visit to Manoir-Papineau National Historic Site.
> Discovery of Montebello's agri-tourism industry: ChocoMotive, Fromagerie Montebello, Les brasseurs de Montebello.

EVENING
Overnight cottage stays at Kenauk Nature, five-star cottages with private lake or at Fairmont Le Château Montebello, or at one of Parc Oméga's wolf cabins or even at Auberge Couleurs de France in Duhamel.

J11 - OUTAOUAIS MONTRÉAL

MORNING
Visit to Parc Oméga (animal park). Unique experience focusing on the discovery of Canada's wildlife species (moose, wapiti, bison, wolf, bear, etc.) in their natural habitat. Learn about the history of our people as you walk the First Nations' Trail and the Colonization Trail.

LUNCH
Lunch in Montebello.

AFTERNOON
Return to Montreal's Trudeau International Airport.

EVENING
Night flight.

J12 - ARRIVAL IN EUROPE

Back home, with a head full of great memories and images of unforgettable excursions and discoveries!



FOR A LONGER STAY IN THE LAURENTIANS:

- > Option of staying several nights at the various suggested resorts and throughout the parks, which have more varied options, such as cottages, huts, cabins in the trees, ready-to-camp tents, Sphair, dome, Hobbit house, shepherd's hut, tiny homes and cabanas.
- > Day 4: option to add a visit of Parc régional du Poisson Blanc by canoe or kayak-camping with an overnight stay on a private island.



OPTIONS FOR AN EXTENDED STAY IN ABITIBI-TÉMISCAMINGUE:

- > Dedicate a full day to mining in the Val-d'Or sector by visiting a former underground mine and the mineralogical museum.
- > Add an overnight stay in Amos to discover the area's wide range of attractions and sites of interest.
- > Add an overnight stay at parc national d'Aiguebelle to fully enjoy your experience!



OPTIONS FOR AN EXTENDED STAY IN THE OUTAOUAIS REGION:

- > Organize a full day in the Pontiac area: rafting, dinner and overnight stay.
- > Add an overnight stay as a guest of a Montebello outfitter and enjoy adventure activities and great outdoors.

CONTACTS

NATURE / ADVENTURE

The Explorers'
Route

NATIONAL PARKS (SÉPAQ)

PARC NATIONAL DU MONT-TREMBLANT
(secteur de la Diable)
Lac-Supérieur, Laurentides | 819 688-2281
sepaq.com/pq/mot | lavoie.alexandre@sepaq.com

PARC NATIONAL D'OKA
Oka, Laurentides | 418 809-9799
sepaq.com/pq/oka

PARC NATIONAL D'AIGUEBELLE
Rouyn-Noranda, Abitibi-Témiscamingue
819 637-2480 | sepaq.com
riverin.paule@sepaq.com

PARC NATIONAL D'OPÉMICAN
Ville-Marie, Abitibi-Témiscamingue | 819 629-9103
sepaq.com/pq/op | riverin.paule@sepaq.com

PARC NATIONAL DE PLAISANCE
Plaisance, Outaouais | 819 427-5350
sepaq.com/pq/pla | croteau.isabelle@sepaq.com

REGIONAL PARKS

PARC RÉGIONAL DE LA RIVIÈRE-DU-NORD
Saint-Jérôme, Laurentides | 450 431-1676
parcrivieredunord.ca
recreo@parcrivieredunord.ca

PARC RÉGIONAL MONTAGNE DU DIABLE
Ferme-Neuve, Laurentides | 819 587-3882
parcmontagnedudiable.com
communication@parcmontagnedudiable.com

PARC RÉGIONAL DU POISSON BLANC
Notre-Dame-du-Laus, Laurentides | 819 767-2999
poissonblanc.org | direction@poissonblanc.ca

PARC RÉGIONAL KIAMIKA
Rivière-Rouge, Laurentides | 819 278-5402
reservoirkiamika.org | marieclaudede@reservoirkiamika.com

PARC DE LA GATINEAU
Gatineau, Outaouais | 819 827-2020
parcdelagatineau.gc.ca
info@ncc-ccn.ca

PARC DES CHUTES COULONGE
Mansfield-et-Pontefract, Outaouais | 819 683-2770
chutescoulonge.qc.ca | info@chutescoulonge.qc.ca

PARC RÉGIONAL DU LAC 31 MILLES
Bouchette, Outaouais | 819 465-2600
cpr31m.ca | info@parc31milles.com

NATURE ATTRACTIONS

REFUGE PAGEAU
Amos, Abitibi-Témiscamingue | 819 732-8999 #201
refugepageau.ca | refuge@refugepageau.ca

SAFARI-FOSSILE FOSSILARIUM
Notre-Dame-du-Nord, Abitibi-Témiscamingue
819 723-2500 | fossiles.ca
musee@fossiles.qc.ca

SAFARI-APICOLE DE LA MIELLERIE
DE LA GRANDE OURSE
Saint-Marc-de-Figuery, Abitibi-Témiscamingue
819 727-1920 | mielgrandourse.com
douellet@mielgrandourse.com

PARC OMÉGA
Montebello, Outaouais | 819 423-5487
parcomega.ca | groupe@parcomega.ca

CHUTES DE PLAISANCE
Plaisance, Outaouais | 873 655-1729
chutesplaisance.ca | cnnmills71@gmail.com

OUTDOOR ACTIVITIES

ZIPTREK ÉCOTOURS TREMBLANT
Mont-Tremblant, Laurentides | 819 681-4448
ziptrek.com | mtventes@ziptrek.com

TYROPARC, PARC D'ACTIVITÉS EN MONTAGNE
Sainte-Agathe-des-Monts, Laurentides | 819 324-2002
tyroparc.com | pcornette@tyroparc.com

AVENTURES PLEIN AIR ST-HIPPOLYTE
Saint-Hippolyte, Laurentides | 450 563-4443
aventurespleinair.com | alex@aventurespleinair.com

CENTRE D'ACTIVITÉS NATURE KANATHA-AKI
Val-des-Lacs, Laurentides | 819 321-1890
kanatha-aki.com | contact@kanatha-aki.com

D-TOUR - TOURS ET ACTIVITÉS SUR MESURE
Mont-tremblant, Laurentides | 819 430-8687
dtourtremblant.com | audrey@dtourtremblant.com

OUTDOOR LOGISTIK
La Macaza, Laurentides | 819 592-5925
outdoorlogistik.com | info@outdoorlogistik.com

C. BLON LE TRAPPEUR - GUIDE
Saint-Colomban, Laurentides | 450 821-9580
cblonletrappeur.com | cblon@hotmail.com

PARC-AVENTURE JOANNÈS - ARBRE EN ARBRE
Rouyn-Noranda, Abitibi-Témiscamingue
819 762-8867 | parcaventurejoannes.com
afat@ino.com

FORÊT RÉCRÉATIVE DE VAL-D'OR
Val-d'Or, Abitibi-Témiscamingue | 819 824-1333
poste4273 | luc.lavoie@ville.valdor.qc.ca

CAMP FORTUNE - ARBRE EN ARBRE
Chelsea, Outaouais | 819-827-1717 #2241
campfortune.com | eboucher@campfortune.com

ARBRASKA LAFLECHE
CAVERNE ET PARC AÉRIEN
Val-Des-Monts, Outaouais
1 877 886-5500 #5 | arbraska.com/fr/lafleche
reservationlafleche@arbraska.com

INTERZIP ROGERS - Interprovincial zipline
Gatineau-Ottawa | interzip.ca | emilie@orquestra.ca

NAUTICAL ACTIVITIES

NOUVEAU MONDE RAFTING
Grenville-sur-la Rouge, Laurentides | 819 242-7238
newworld.ca | gilles@newworld.ca

À L'ABORDAGE - KAYAK/CANOT/COMBO VÉLO
Val-David, Laurentides | 819 322-1234
alabordage.ca | locationcanotkayak@gmail.com

AIR MONT-LAURIER - VOL EN HYDRAVION
Rivière-Rouge (secteur Ste-Véronique),
Hautes-Laurentides | 819 275-2794
info@airmontlaurier.com

NOUVEAU MONDE RAFTING
Grenville-sur-la-Rouge, Laurentides | 819 242-7238
newworld.ca | gilles@newworld.ca

LAC OSISKO EN KAYAK OU CANOT
Rouyn-Noranda, Abitibi-Témiscamingue | 819 797-7125
velocitern.org | velocite.rn@gmail.com

RAFTING MOMENTUM
Bryson, Outaouais | 819 360 8247
raftingmomentum.com | info@raftingmomentum.com
ÉCO-ODYSSÉE - LABYRINTHE D'EAU
Wakefield, Outaouais | 819 459-1895
eco-odysee.ca | info@eco-odysee.ca

AVENTURE OUTAOUAIS
Gatineau, Outaouais | 873 660-1881
aventureoutaouais.ca | aventureoutaouais@gmail.com

PADDLEFIT
Chelsea, Outaouais | 613 715-2243
paddlefit.com | info@paddlefit.com

NOMADES DU PARC
Chelsea, Outaouais | 873 455-0770
nomadesduparc.com | nomadesduparc@gmail.com

BICYCLE PATHS

LE P'TIT TRAIN DU NORD (234 km)
From Bois-des-Filion to Mont-Laurier, Laurentides
450 224-7007 | parclineaire.com | info@traindunord.com

TOUR DU LAC OSISKO (8 km)
Rouyn-Noranda, Abitibi-Témiscamingue | 819 797-7111
ville.rouyn-noranda.qc.ca/sentierspleinair/fr

SENTIER DE LA CAPITALE
(Gatineau/Ottawa - 300 km)
Ottawa, Ontario et Gatineau, Outaouais | 613 239-5000
ccn-ncc.gc.ca/endoigts-a-visiter/parcs-sentiers
info@ncc-ccn.ca

CYCLOPARC PPJ (92 KM)
Campbell's Bay, Outaouais | 1 800 665-5217
cycloparcnpj.org
information@tourisme-pontiac.com

VÉLOROUTE DES DRAVEURS
From Low to Messines, Outaouais | 819 463-3241
tourismeoutaouais.com/attraits/veloroute-des-
draveurs/

LA ROUTE VERTE (passe par les 3 régions)
Abitibi-Témiscamingue, Laurentides, Outaouais
routeverte.com

HELICOPTER FLIGHTS

HÉLI-TREMBLANT
Mont-Tremblant, Laurentides | 819 425-5662
Ottawa, Outaouais | 613 447-5662
heli-tremblant.com | info@heli-tremblant.com

HÉLIBELLULE
Mirabel, Laurentides | 450 476-1000
helibellule.ca | valerie.delorme@helibellule.ca

NAUTICAL TOURS

AMPHIBUS ET TOURS LADY DIVE
Ottawa, Ontario | 613 223-6211
ladydive.com | info@ladydive.com

PAUL'S BOAT LINE
Gatineau, Outaouais | 819 246-8408
croisieresoutaouais.com | julia@ottawaboatcruise.com

CONTACTS

FOOD TOURISM

AGRO-PRODUCERS

LE CHEMIN DU TERROIR
(official tourist route)
Laurentides | 450 224-7007 | cheminduterroir.com

LABONTÉ DE LA POMME, VERGER & MIELLERIE
Oka, Laurentides | 450 479-1111
labontedelapomme.ca | nathalie@labontedelapomme.ca

VERGER RICHARD LEGAULT
Saint-Joseph-du-Lac, Laurentides | 450 623-6306
vergerrichardlegault.com | nat_verger@hotmail.com

VIGNOBLE RIVIÈRE DU CHÊNE
Saint-Eustache, Laurentides | 450 491-3997
vignobleriviereduchene.ca
info@vignobleriviereduchene.ca

MIELLERIE DE LA GRANDE OURSE
Saint-Marc-de-Figuery, Abitibi-Témiscamingue
819 727-1920 | mielgrandeourse.com
info@mielgrandeourse.com

CHOCOLATERIE CHOCO MANGO
Val-d'Or, Abitibi-Témiscamingue
819 824-4080 | info@choco-mango.ca
choco-mango.ca

CHOCOMOTIVE (Économusée)
Montebello, Outaouais | 819 423-5737
chocomotive.ca | info@chocomotive.ca

FROMAGERIE MONTEBELLO
Montebello, Outaouais | 819 309-0541
fromagerie-montebello.ca
admin@fromagerie-montebello.ca

DOMAINE MONT-VÉZEAU – VIGNOBLE
Ripon, Outaouais | 819 428-2291
domainemont-vezeau.com
linda@domainemont-vezeau.com

VERGER CROQUE-POMME – CIDRERIE
Thurso, Outaouais | 819 281-2061
vergercroquepomme.com
info@vergercroquepomme.com

POTAGER EARDLEY
Gatineau, Outaouais | 819 684-0273
potagereardley.com | info@potagereardley.com

LA CONFISERIE WAKEFIELD
Wakefield, Outaouais | 819 459-1177
laconfiserie.ca | info@laconfiserie.ca

CIDRERIE CORONATION HALL
Bristol, Outaouais | 819 647-2547
coronationhall.com | info@coronationhall.com

BOUCANERIE CHELSEA
Chelsea, Outaouais | 819 827-1923
boucaneriechelsea.com | info@boucaneriechelsea.com

RESTAURANTS

ALTITUDE, FRUITS DE MER ET GRILLADES – LOUNGE
Mont-Tremblant, Laurentides
819 429-4192 | casinodemonttremblant.com

BISTRO LE CACHOTTIER
Rouyn-Noranda, Abitibi-Témiscamingue
819 762-3551 | lecachottier.com

BISTRO BAR L'ENTRACTE
Val-d'Or, Abitibi-Témiscamingue | 819 825-9078
barbistrolentracte.com

L'AMALGAME PUB URBAIN
Amos, Abitibi-Témiscamingue | 819 732-3228
amalgame.pub

LES VILAINS GARÇONS
Gatineau, Outaouais | 819 205-5855
lesvilainsgarçons.ca | info@lesvilainsgarçons.ca

AUX CHANTIGNOLES
(FAIRMONT LE CHÂTEAU MONTEBELLO)
Montebello, Outaouais
819 423-6341 | fairmont.fr

CAFÉ DOWNTOWN
Fort-Coulonge, Outaouais | 873 864-8444
rbertrand75@gmail.com

BRYSON'S BISTRO DU BUCHERON
Fort Coulonge, Outaouais | spruceholmeinn.com

RUSTIEK TAVERNE
Gatineau, Outaouais | 819 525-3343
rustiek.ca | jesse@rustiek.ca

LE BISTRO MONTEBELLO
Montebello, Outaouais | 819 423-6900
lebistromontebello.ca

SOIF – BAR À VIN
Gatineau, Outaouais | 819 600-7643
soifbaravin.ca | info@soifbaravin.ca

L'ORÉE DU BOIS
Chelsea, Outaouais | 819 827-0332
fr.oreeduboisrestaurant.com

LES FOUGÈRES
Chelsea, Outaouais | 819 827-8942
fougeres.com

LE CELLIER
Gatineau, Outaouais | 819 205-4200
restaurantlecellier.com | restocellier@gmail.com

MICROBREWERY

MICROBRASSERIE DIEU DU CIEL!
Saint-Jérôme, Laurentides | 450 436-3438
dieuduciel.com

PUB LE BARIL ROULANT
Val-David, Laurentides | 819 320-0069
barilroulant.com/brasserie | pub@barilroulant.com

MICROBRASSERIE SAINT-ARNOULD
Mont-Tremblant, Laurentides | 819 425-1262
saintarnould.com | info@saintarnould.com

LE TRÈFLE NOIR
Rouyn-Noranda, Abitibi-Témiscamingue | 819 762-6611
letreflenoir@gmail.com | letreflenoir.com

LE PROSPECTEUR
Val-d'Or, Abitibi-Témiscamingue | 819 874-3377
microleprospecteur.ca
philippe@microleprospecteur.ca

LES BRASSEURS DE MONTEBELLO
Montebello, Outaouais | 819 309-0807
brasseursdemontebello.com
info@brasseursdemontebello.com

LES BRASSEURS DU TEMPS
(microbrasserie et musée de la bière)
Gatineau, Outaouais | 819 205-4999 #223
brasseursdutemps.com
ageoffroy@brasseursdutemps.com

BRASSERIE DU BAS-CANADA
Gatineau, Outaouais | 819 525-6162
brasseriebascanada.com
brasseriebascanada@gmail.com

COUNTRY-STYLE RESTAURANT

MIELS D'ANICET
Ferme-Neuve, Hautes-Laurentides | 819 587-4825
mielsdanicet.com

L'ÉDEN ROUGE
Guigues, Abitibi-Témiscamingue | 819 728-2622
ledenrouge.com

SUGAR SHACKS

AU GRÉ DES SAISONS
Oka, Laurentides | 450 479-1179
augredessaisons.ca | info@augredessaisons.ca

LA P'TITE CABANE D'LA CÔTE
Mirabel, Laurentides | 514 705-2467
petite-cabane.com | petitecabane5885@gmail.com

LE DOMAINE DE L'ANGE-GARDIEN CABANE À SUCRE
L'Ange-Gardien, Outaouais | 819 281-0299
domaineangegardien.com

ÉRABLIÈRE ST-GERMAIN
L'Ange-Gardien, Outaouais | 819 281-4822
erabliertestgermain.com | info@erabliertestgermain.ca

CONTACTS

CULTURE/HERITAGE

The Explorers'
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MUSEUMS

MUSÉE D'ART CONTEMPORAIN DES LAURENTIDES
Saint-Jérôme, Laurentides | 450 432-7171 | maclaou.ca

MUSÉE RÉGIONAL D'ARGENTEUIL
Saint-André-d'Argenteuil, Laurentides | 450 537-3861
museeregionaldargenteuil.ca | info@museearg.com

MUSÉE DU SKI DES LAURENTIDES
Saint-Sauveur, Laurentides | 450 227-2564
museeduskidslaurentides.com | info@museeduski.com

MUSÉE MINÉRALOGIQUE DE L'ABITIBI-TÉMISCAMINGUE
Malartic, Abitibi-Témiscamingue | 819 757-4677
museemalartic.qc.ca | info@museemalartic.qc.ca

FOSSILARIUM DE NOTRE-DAME-DU-NORD
Notre-Dame-du-Nord, Abitibi-Témiscamingue
819 723-2500 | fossiles.ca | musee@fossiles.qc.ca

MUSÉE DE LA GARE
Témiscaming, Abitibi-Témiscamingue
819 627-1846 | museedelagare.com
info@museedelagare.com

MUSÉE CANADIEN DE L'HISTOIRE
Gatineau, Outaouais | 819 776-7086 | museedelhistoire.ca
stephanie.fortin@museedelhistoire.ca

MUSÉE CANADIEN DE LA NATURE
Ottawa, Ontario | 613 566-4222
nature.ca | lsierolawski@mus-nature.ca

MUSÉE CANADIEN DE LA GUERRE
Ottawa, Ontario | 819 776-7086 | museedelaguerre.ca
stephanie.fortin@museedelhistoire.ca

MUSÉE DES BEAUX-ARTS DU CANADA
Ottawa, Ontario | 613 990-1938
beaux-arts.ca | hdonaldson@gallery.ca

MUSÉE DE L'AUBERGE SYMMES
Gatineau, Outaouais | 819 682-0291
symmesreception@gmail.com

TOURIST ATTRACTIONS AND CULTURAL SITES

MOULIN LÉGARÉ
Saint-Eustache, Laurentides | 450 974-5170
corporationdumoulinlegare.com

LES MURALES DES PAYS-D'EN-HAUT
Sainte-Adèle, Laurentides | 450 229-2644
sainte-adele.net/entreprises/attrait/murales-2

CALVAIRE D'OKA
Parc national d'Oka, Laurentides | 1 800 665-6527
sepaq.com/pq/oka | inforeservation@sepaq.com

PONT COUVERT DE LA MACAZA
La Macaza, Laurentides | pontscouverts.com

MUSÉE FERROVIAIRE - GARE DE LABELLE
Labelle, Laurentides | 819 681-3371 #5040

LA CITÉ DE L'OR
Val-d'Or, Abitibi-Témiscamingue | 1 855 825-1274
citedelor.com | courrier@citedelor.com

LIEU HISTORIQUE NATIONAL
DU FORT-TÉMISCAMINGUE/OBADJIWAN
Ville-Marie (Duhamel-Ouest), Abitibi-Témiscamingue
819 629-3222 | pc.qc.ca

MAISON DU FRÈRE MOFFET
Ville-Marie, Abitibi-Témiscamingue | 819 629-3533
maisondufreremoffet.com | mfm@tlb.sympatico.ca

T.E. DRAPER
Angliers, Abitibi-Témiscamingue | 819 949-4431
tedraper.ca | tedraper@hotmail.com

MAGASIN GÉNÉRAL DUMULON
Rouyn-Noranda, Abitibi-Témiscamingue
819 797-7125 | maison-dumulon.ca
maison.dumulon@rouyn-noranda.ca

CATHÉDRALE D'AMOS
Amos, Abitibi-Témiscamingue | 1 800 670-0499
ville.amos.qc.ca/visiter

ÉCOLE DU RANG II
Authier, Abitibi-Témiscamingue | 819 782-3289
ecoledurang2.ca | info@ecoledurang2.ca

LIEU HISTORIQUE NATIONAL DU MANOIR-PAPINEAU
Montebello, Outaouais | 819 423-6965
pc.gc.ca/fra/lhn-nhs/qc/manoirpapineau
nathalie.bouchard@pc.gc.ca

MAISON CULTURELLE GEORGE BRYSON
Mansfield-et-Pontefract, Outaouais | 819 683-1132
maisonbryson.com | maisonbryson@outlook.com

DOMAINE MACKENZIE-KING
(PARC DE LA GATINEAU)
Gatineau, Outaouais | 819 827-2020
ccn-ncc.gc.ca/endroits-a-visiter/domaine-mackenzie-king | info@ncc-ccn.ca

TOURIST ROUTES

ROUTE DES BELLES-HISTOIRES
450 224-7007 | routedesbelleshistoires.com

CHEMIN DU TERROIR
450 224-7007 | cheminduterroir.com

LES CIRCUITS DE FONTAINES ARTISTIQUE
D'AMOS HARRICANA
tourisme-abitibi-temiscamingue.org

ROUTE TOURISTIQUE LES CHEMINS D'EAU
cheminsdeau.ca

LE SENTIER CULTUREL (GATINEAU)
tourismeoutaouais.com/attrait/sentier-culturel-
au-centre-ville-de-gatineau

ABORIGINAL CULTURAL SITE

EXPÉRIENCES AUTOCHTONES
Gatineau, Outaouais | 613 838-5558
indigenous-experiences.ca
info@indigenous-experiences.ca

CRAFT WORKSHOP

ATELIER BERNARD CHAUDRON, TRAVAIL DE L'ÉTAIN
Val-David, Laurentides | 819 322-3944
chaudron.ca | info@chaudron.ca

LOLIPOP
Val-David, Laurentides | 514 797-1912
Lolipop.ca | leon@lolipop.ca

FOURRURES GRENIER
Barraute, Abitibi-Témiscamingue | 819 734-6781
fourruresgrenier.ca | info@fourruresgrenier.ca

FESTIVALS AND EVENTS

FESTIVAL SANTA TERESA | santateresafest.ca

LE FESTIVAL INTERNATIONAL DU BLUES
DE TREMBLANT | blues.tremblant.ca

AUTÉNTICA FIESTA CUBANA | valleesaintsauveur.com

LA FÊTE DE LA MUSIQUE DE TREMBLANT
fetedelamusiquetremblant.com

FESTIVAL DE MUSIQUE ÉMERGENTE
DE L'ABITIBI-TÉMISCAMINGUE | fmeat.org

FOIRE GOURMANDE DE L'ABITIBI-
TÉMISCAMINGUE ET DU NORD-EST ONTARIEN
foiregourmande.ca

FESTIVAL DES GUITARES DU MONDE
EN ABITIBI-TÉMISCAMINGUE | fgmat.com

H2O LE FESTIVAL | h2olefestival.com

FESTIVAL CANADIEN DES TULIPES à Gatineau-Ottawa
tulipfestival.ca

FESTIVAL INTERNATIONAL DE MONTGOLFIÈRES
DE GATINEAU | montgolfieresgatineau.com

LES GRANDS FEUX DU CASINO DU LAC-LEAMY
feux.qc.ca

LE FESTIBIÈRE DE GATINEAU
Gatineau, Outaouais | 819 965-0173, info@festibiere.ca

INDUSTRIAL TOURS

LA CENTRALE HYDROÉLECTRIQUE
DES RAPIDES-FARMER
Gatineau, Outaouais | 1 800 365-5229
hydroquebec.com/visitez/outaouais/farmers.html
visites.beauharnois@hydro.qc.ca

CASINOS

CASINO DE MONT-TREMBLANT
Mont-Tremblant, Laurentides | 819 790-6486
casinodemonttremblant.ca | fabienne.nadeau@casino.qc.ca

CASINO DU LAC-LEAMY
Gatineau, Outaouais | 819 790-6491
casinodulacleamy.ca | Chantal.nadeau@casino.qc.ca

CONTACTS

ACCOMMODATION AND SPA

The Explorers'
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HOTELS

EXCELSIOR HÔTEL SPA SAINTE-ADÈLE 3*
Sainte-Adèle, Laurentides | 450 229-7676
hotelspaexcelsior.com
richard.poirier@hotelspaexcelsior.com

HÔTEL SPA MONT-GABRIEL 4*
Sainte-Adèle, Laurentides | 450 229-3547
montgabriel.com | vprouff@montgabriel.com

HÔTEL MANOIR SAINT-SAUVEUR 4*
Saint-Sauveur, Laurentides | 450 227-1811 #8163
manoir-saint-sauveur.com
cbédard@manoir-victoria.com

HÔTEL QUINTESSENCE 5*
Mont-Tremblant, Laurentides
819 425-8551 #5334
hotelquintessence.com
delphine.elfante@hotelquintessence.com

AX HÔTEL MONT-TREMBLANT 3*
Mont-Tremblant, Laurentides | 819 429-6000
axhotel.ca | info@axhotel.ca

STONEHAVEN LE MANOIR 4*
Sainte-Agathe-des-Monts, Laurentides
819 774-1991 | stonehavenlemanoir.com
mjdenis@stonehavenlemanoir.com

LE GRAND LODGE MONT-TREMBLANT 3*+
Mont-Tremblant, Laurentides | 819 425-8599
legrandlodge.com | d.bouchard@legrandlodge.com

LES SUITES TREMBLANT
- Le Sommet des Neiges 3*
- Ermitage du Lac 3*
- Holiday Inn Express & Suites 3*
- Place Saint-Bernard 3*
- La Tour des Voyageurs 3*
- Le Lodge de La Montagne 3*
Mont-Tremblant, Laurentides | 819 681-5675
tremblant.ca | acaron@tremblant.ca

HOMEWOOD SUITES BY HILTON 4*
Mont-Tremblant, Laurentides | 514 339-5427
homewoodsuites.com
michael.frezza@urgohotels.com

HÔTEL DU LAC-CARLING 4*
Grenville-sur-la-Rouge | 450 533-5468
hotellaccarling.com | bwhitford@hotellaccarling.com

HÔTEL DE MONTAGNE CAP TREMBLANT 2 TO 4*
Mont-Tremblant, Laurentides
819 681-8043
capremblant.com | knoury@capremblant.com

LE NORANDA HÔTEL & SPA 4*
Rouyn-Noranda, Abitibi-Témiscamingue
819 762-2341
lenoranda.com | hotel@lenoranda.com

QUALITY INN ROUYN-NORANDA 4*
Rouyn-Noranda, Abitibi-Témiscamingue
819 762-0991 | lmorency@qualityinnrn.ca
qualityinnrn.ca

MOTEL MISTRAL 3*
Rouyn-Noranda, Abitibi-Témiscamingue
1 819 762-0884 | jcoutou@motelmistral.com
motelmistral.com

HÔTEL CONTINENTAL CENTRE-VILLE 3*
Val-d'Or, Abitibi-Témiscamingue
1 800 567-6477 | sleduc@hmcontinental.ca
hmcontinental.com
QUALITY INN & SUITES VAL-D'OR 3*

Val-d'Or, Abitibi-Témiscamingue | 819 874-8888
qualityinnvaldor.com
alexandre.audet@qualityinnvaldor.com

MICROTEL VAL-D'OR 3*
Val-d'Or, Abitibi-Témiscamingue | 819 825-4444
microtel.com | gsm@microtelvaldor.com

AMOSPHÈRE COMPLEXE HÔTELIER 4*
Amos, Abitibi-Témiscamingue | 1 800 567-7777
amosphere.com | amosphere@cableamos.com

HOTEL DES ESKERS 4*
Amos, Abitibi-Témiscamingue | 819 732-5386
hoteleskers.com | hotel.eskers@cableamos.com

HÔTEL NOUVELLE FRONTIÈRE 3*
Amos, Abitibi-Témiscamingue | 819 732-8307
nouv-front.qc.ca | nouv-front@cableamos.com

HÔTEL ÉCONO-ONE 3*
Amos, Abitibi-Témiscamingue | 819 732-3228
econo-one.com | amos@econo-one.ca

HÔTEL VILLA-MON-REPOS 3*
La Sarre, Abitibi-Témiscamingue | 819 333-2224
motelvillamonrepos.qc.ca | motelvilla@hotmail.com

FAIRMONT LE CHÂTEAU MONTEBELLO 4*
Montebello, Outaouais | 819 423-6341
fairmont.fr/Montebello
chateaumontebello@fairmont.com

DOUBLETREE BY HILTON GATINEAU-
OTTAWA 4*
Gatineau, Outaouais | 819 776-7762
doubletreegatineau.com
reservations@doubletreegatineau.com

HILTON LAC-LEAMY 5*
Gatineau, Outaouais | 819 790-6491
hiltonhotels.com/fr_FR/canada/hilton-lac-leamy
chantal.nadeau@casino.qc.ca

RAMADA PLAZA MANOIR DU CASINO 4*
Gatineau, Outaouais | 819 777-7868 #611
ramadaplaza-gatineau.com
ventes@ramadaplaza-gatineau.com

MORE HOTELS IN GATINEAU AND THE OUTAOUAIS
REGION at tourismeoutaouais.com/en/where-to-sleep/

CHARMING INNS

AUBERGE DU LAC MORENCY 4*
Saint-Hippolyte, Laurentides | 450 563-5546
lacmorency.com | francois@lacmorency.com

AUBERGE DU VIEUX FOYER 3*
Val-David, Laurentides | 819 322-2686
aubergeduvieuxfoyer.com
cmoisan@aubergeduvieuxfoyer.com

AUBERGE DE L'ABBAYE D'OKA 1*
Oka, Laurentides | 450 479-6170
abbayeoka.ca | info@abbayeoka.ca

AUBERGE SPRUCEHOLME INN 3*
Fort-Coulonge, Outaouais | 819 683-5635
spruceholmeinn.com | stay@spruceholmeinn.com

TREE HOUSES

LES REFUGES PERCHÉS MONT-TREMBLANT
Saint-Faustin-Lac-Carré, Laurentides | 819 681-4994
refugesperches.com | info@refugesperches.com

LES TOITS DU MONDE
Nominiguingue, Laurentides | 819 278-0483
lestoitsdumonde.ca | info@lestoitsdumonde.ca

ENTRE LEMOINE ET L'ARBRE
Val-d'Or, Abitibi-Témiscamingue
entrelemoineetlarbre.ca | akselnelsenkolding@gmail.com

CHALET ACCOMODATION

AVENTURES KIAMIKA - ÉCOLOGE 3*
Parc régional Kiamika | 819 278-1602
aventureskiamika.com | info@aventureskiamika.com

SELENIA LODGE
Amherst, Laurentides | 819 687-8710
selenialodge.com | accueil@selenialodge.com

LA BANNIK 4*
Duhamel-Ouest, Abitibi-Témiscamingue
819 622-0922 | bannik.ca | lauraine.gelinas@bannik.ca

AUBERGE COULEUR DE FRANCE 3*
Duhamel, Outaouais | 819 743-5878
chaletcouleursdefrance.com
couleursdefrance@outlook.com

KENNAUK NATURE 5*
Montebello, Outaouais | 819 423 5573
kenauk.com | info@kenauk.com

OUTFITTERS

POURVOIRIE MEKOOS 2 À 5* (Wilderness Lodge)
Mont-Laurier, Laurentides | 819 623-2336
mekoos.com | info@mekoos.com

AUBERGE RABASKA LODGE 4 & 5*
Ferme-Neuve, Laurentides | 819 623-1818
lerabaska.com | info@lerabaska.com

POURVOIRIE DES 100 LACS SUD 1 TO 4*
(Wilderness Lodge)
Lac-Bazinet, Laurentides | 819 440-4545
pourvoirie100lacs.com | admin@pourvoirie100lacs.com

POURVOIRIE CLUB FONTBRUNE 3 & 4*
Ferme-Neuve, Laurentides | 819 623-2663
fontbrune.ca | info@fontbrune.ca

POURVOIRIES DE L'ABITIBI-TÉMISCAMINGUE
tourisme-abitibi-temiscamingue.org

DOMAINE DU LAC BRYSON
Bryson, Outaouais | 819 683-1790
lacbryson@bell.net

SPAS AND NORDIC SPAS

SCANDINAVE SPA MONT-TREMBLANT
Mont-Tremblant, Laurentides | 819 425-9595
scandinave.com | guillaume.sans@scandinave.com

LE JARDIN SPA
Rouyn-Noranda, Abitibi-Témiscamingue
819 762-3000
lenoranda.com/jardin-spa | spa@lenoranda.com

NORDIK SPA-NATURE
Chelsea, Outaouais | 819 827-1111
lenordik.com | mtrotier@lenordik.com

CONTACTS

TRANSPORTS

The Explorers'
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AIR TRANSPORT

AIR CANADA JAZZ

Flights from Montréal and Quebec City
1 888 247-2262 | 819 762-5400
aircanada.com

AIR CREEBEC

Flights from Montréal, Baie-James and Côte-Nord
1 800 567-6567 | aircrebec.ca

PROPAIR

Flights from Quebec City
819 762-0811 | propair.ca

PAL AIRLINES

1 866 962-0380 | palairlines.ca

FULL SERVICE FBO

Mirabel Airport (customs clearance services)
Mirabel, Laurentides
450 476-1000 | helibellule.ca

AIR MONT-LAURIER (HYDRAVION)

Rivière-Rouge, Laurentides
819 275-2794 | airmontlaurier.com

AÉROPORT LA MACAZA

MONT-TREMBLANT INTERNATIONAL
La Macaza, Laurentides
tourismeerienlaurentides.ca

AÉROPORT DE ROUYN-NORANDA

Rouyn-Noranda, Abitibi-Témiscamingue
819 762-5400

AÉROPORT DE VAL-D'OR

Val-d'Or, Abitibi-Témiscamingue
819 825-8355 | arvo.qc.ca

AÉROPORT INTERNATIONAL D'OTTAWA

Ottawa, Ontario
613 248-2125 | yow.ca

AÉROPORT DE GATINEAU

Gatineau, Outaouais
819 663-0737 | aeroportdegatineau.com

LAND TRANSPORT

RÉSEAU DE TRANSPORT MÉTROPOLITAIN - EXO

Urban transportation (Lower Laurentians)
450 433-7873 | exo.quebec/fr

AUTOBUS MAHEUX

Abitibi-Témiscamingue | autobusmaheux.qc.ca
Amos : 819 732-2821
La Sarre : 819 333-3395
Rouyn-Noranda : 819 762-2200
Val-d'Or : 819 874-2200

417 BUS LINE LTD

Casselman, Ontario
613 764-2192 | 417busline.com
mlaplante@417busline.com

CHARTER FLIGHT

AIR CREEBEC

Flights from Montréal, Baie-James and Côte-Nord
1 800 567-6567 | aircrebec.ca

PROPAIR

Flights from Quebec City
819 762-0811 | propair.ca

MAX AVIATION

maxaviation.com

RAIL TRANSPORT

VIA-RAIL CANADA

Reservations and train schedule
1 888 842-7245

GARE DE SENNETERRE

819 737-2979

OTHER SERVICE

MÉTÉO - ENVIRONNEMENT CANADA

819 762-2878 | 1 900 565-4000 (0,95 \$/min)
meteo.gc.ca



Refuge Pageau



Fairmont Le Château Montebello



Parc national du Mont-Tremblant



TOURISME LAURENTIDES

Fabienne Hervé

International Tour and Travel Representative

fabienne.herve@laurentides.com | 450 436-8532, ext. 2238



TOURISME ABITIBI-TÉMISCAMINGUE

Guillaume Travert

Sales Manager - Tour and Travel Operators

guillaume@atrat.org | 819 762-8181, ext. 111

OUTAOUAIS

tourismeoutaouais.com

TOURISME OUTAOUAIS

Emerson Velasco

Senior Manager, Sales and Marketing

evelasco@tourisme-outaouais.ca | 819 778-2530, ext. 203